

Weekly Activity Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early morning session 1	Walking group	Active games	Walking group	Mass	Newspaper reading	Pet therapy	Newspaper reading
Early morning session 2	Newspaper reading	Sri Lankan club	Mobile kiosk	Word games	Individual visits	Walking group	Gentle exercises
	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea
Late morning session 1	Italian rosary	Bingo	Rosary	Cooking club	Walking group	Quiz	Card making
Late morning session 2	Quiz	Walking group	Indian club	Craft with Bunnings	Concert	Active games	Bingo
	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Afternoon session 1	Quoits	Flower arranging	Individual visits	Bingo	Cooking with chef	Coffee club	Trivia
Afternoon session 2	Individual visits	Gentle exercises	Pamper me	Individual visits	Happy hour	Pamper me	Movie night

Activity programs are subject to change.